



Snohomish County



WASHINGTON STATE UNIVERSITY
EXTENSION

CloverGram

April 22, 2015

NEW STUFF:

Today is Earth Day, April 22nd!

Is your club doing anything noteworthy? Perhaps an activity or service project for the environment? Let us know! Send a picture! Your club reporter (or someone else) could write an article for the next Cloverleaf!



Snap a Picture 4-H License Plate Promo

From Robin Minaker, President, WA State 4-H Advisory Board

Is your 4-H plated car taking you on a great summer adventure this year? We want to see it all! Snap a Picture of your 4-H plate in front of fun locations, famous landmarks, and share them with 4-H. The best pictures will be featured at Forum, and on future publications about the plates! Email pictures to wa4hplate@hotmail.com or post with the #WA4hplates **by October 1** to be seen at the 2015 Forum! (Note: your safety is important to us! Your plate number will be protected. Please do not park in a dangerous location for the perfect picture; we want you to be careful!).



REMINDERS:

Healthy Club Challenge

Has your club taken the challenge? Let us know about it!

We challenge every club to make at least ONE change this year toward a healthier lifestyle! Some examples:

- Appoint a Health Officer to develop a health-related activity at each meeting!
- Stretching before active projects
- Active game break during sedentary projects
- Flossing/brushing goals and record-keeping
- Yoga or meditation at meetings
- Helmet commitment and record-keeping

Make a club poster about your healthy club challenge, and that poster will be your admission to a pool party this summer! Woohoo! *Please contact the 4-H office if you need ideas or resources.*

Teen Conference

When: June 28-30

What: Let your own interests and abilities light your way, as you explore careers, have fun, and try life on a college campus at the summer Teen Conference in Pullman! Come experience three days' worth of hands-on activities and workshops on topics as diverse as cheese-making or physics. Stay in the WSU dorms while checking out career possibilities.

Who: Youth 8th – 12th grade

Cost: \$180.00 if paid in full & postmarked by May 15th (transportation not included in that rate). There is a \$50 nonrefundable fee at the time of registration. After May 15th the cost is \$200.00.

Transportation: Buses leave from westside (estimated cost is \$60).

Link to the **4-H teen conference website:** <http://4h.wsu.edu/conferences/teenconf/index.htm>

Quality Assurance

There is a clinic on May 9th, on the Old Snohomish Monroe Road. The first two hours will focus on Quality Assurance, vaccinations, residues, farm plans, and hands-on movement of animals.

Quality Assurance workshop 9-11am

Beef workshops 11-3:00, with a break for lunch

Please email to RSVP and for directions to the clinic. Beth.morison@wsu.edu

Volunteer Education: Working with Youth

This class is required within two years of becoming a club leader, project leader, or program leader. All are welcome! Learn about the characteristics of youth at different stages in their development, and delve into the essential elements of the 4-H program. Sign up by May 5th for the May 19th class! Beth.wangen@wsu.edu

- Tuesday, May 19th, 7-9:00 p.m. at the WSU Education Center
- Saturday, November 14th, 3-5:00 p.m. at the WSU Education Center

Upcoming Event Dates/Reminders:

April 25-26: Homespun Spring Bazaar at the Evergreen State Fairgrounds

April 26: Latino Family Health and Safety Fair outreach event

April 28: Out of the Shadows, a drug awareness outreach event in Arlington

May 2: Family Expo outreach in Arlington

May 2: Master Gardeners' annual plant sale at McCollum Park

May 9: Quality Assurance clinic

May 19: Working with Youth, volunteer ed class at WSU Education Center, 7-9 p.m. RSVP by May 5th.

If you have missed previous CloverGrams or the monthly CloverLeaf newsletter, you can find them here: <http://ext100.wsu.edu/snohomish/4h/resources/>